



PRELUDE      SOCIAL      WORSHIP      STORY      GROUPS      HOME

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



### 1. OH, THE PLACES YOU'LL HELP!

**WHAT YOU NEED:** "Places to Help" and "Places to Help Checklist" Activity Pages; cardstock; painter's tape; clipboard; and a washable marker

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy "Places to Help" on cardstock, one set per small group. Tape pictures around the room at preschooler level. Copy "Places to Help Checklist" on cardstock, one per small group. Clip the checklist to the clipboard.

**DURING THE ACTIVITY:** Gather the children in your activity area and show them the checklist. Call out the first place at the top and encourage them to look around the room to find the matching picture. Travel together to the picture and talk about ways you can help in that place. For example, at the park, you can help a friend who falls down, pick up trash, or return a lost ball to its owner. At school you can help the teacher carry books, clean up your table with a friend, or push in the chairs. At home, you can take out the trash, put away the laundry, help dry the dishes, and play with a younger sibling. In the neighborhood, you can pick up a neighbor's mail, take a neighbor some cookies, and pick up trash. Allow the children to give ideas, as well, and continue until you've visited each place and checked it off your list.

**AFTER THE ACTIVITY:** Talk about how we'll hear a story about someone who looked for ways to help.

### BIBLE STORY

God made me to look for ways to help.

**REBEKAH HELPS  
GENESIS 24:15-20**

### MEMORY VERSE

"We have the Lord our God to help us."

**2 CHRONICLES 32:8, NLT**

### KEY QUESTION

Who made you to help others?

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Friends! Come here and help me with this checklist."

**DURING THE ACTIVITY:** "Do you see the pictures of places on my checklist? I spy these places around the room. Let's see if we can find them then name some ways to help in each of those places. I spy a picture of a park on my checklist! Can you help me find a big picture of the park? (Pause.) There it is! Let's go! What are some ways you can help in the park? (Pause.) Awesome! Let's put a check next to the park on my list. (Pause.) What other pictures do you see? (Pause.) Let's go there! (Continue until all places have been checked off.) There are so many different ways we can help in so many different places. Thanks for being great helpers today!"

### BOTTOM LINE

God made me to help others.

**AFTER THE ACTIVITY:** "Let's look for ways to help this week, everywhere we go! Because **God made me to help others! Who made you to help others? God made me to help others!**"

### BASIC TRUTH

God made me.

**TRANSITION:** Move to Worship and Story by calling out different ways to help as children pantomime them. Ways to help: wipe the table, share supplies with a friend, look for a lost toy, help someone carry something heavy, make cards for someone who is sick, help set the table, etc.



WEEK  
**FOUR**  
MAY 2023

SMALL GROUP  
**3-5** YEAR  
-OLDS

PRELUDE      SOCIAL      WORSHIP      STORY      GROUPS      HOME

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO IMAGINE**  
an activity that lets preschoolers pretend, imagine, and role play to enhance their learning



**2. HAPPY TO HELP**

[TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** "Happy to Help" Activity Page, cardstock, and painter's tape

**WHAT YOU DO:**

**BEFORE THE ACTIVITY:** Copy "Happy to Help" on cardstock, one set per small group.

**BIBLE STORY**

God made me to look for ways to help.

**REBEKAH HELPS  
GENESIS 24:15-20**

**DURING THE ACTIVITY:** Sit on the floor by a wall and gather the children around you. Tape the story pictures, in order, to the wall. Each time you tape a story picture to the wall, review that part of the story and lead the children in doing an action that goes with that part of the story.

**AFTER THE ACTIVITY:** Talk about how Rebekah looked for ways to help and so can we because God made us to help.

**MEMORY VERSE**

"We have the Lord our God to help us."

**2 CHRONICLES 32:8, NLT**

**WHAT YOU SAY:**

**BEFORE THE ACTIVITY:** "Hi, friends! Come sit with me. We're going to talk about today's Bible story."

**DURING THE ACTIVITY:** "In our Bible story today, there was a man standing by a well praying. *(Tape the picture of the man praying to the wall.)* A well is a place where people get water, and praying is talking to God. Let's put our hands together, close our eyes, and talk to God like the man did. Dear God, thank You for helping us. Amen.

**KEY QUESTION**

Who made you to help others?

"When the man finished praying, he saw a woman named Rebekah. He asked Rebekah for a drink of water. *(Tape the picture of the man drinking water to the wall.)* Rebekah was happy to help the man, so she gave him a drink of water. Let's pretend we're drinking water, too. Hold out your pretend cup, like this, and drink your water. *(Pretend you're holding a cup and drinking water.)*

**BOTTOM LINE**

God made me to help others.

"Rebekah looked for another way she could help the man. *(Tape the picture of the camels drinking water to the wall.)* When Rebekah saw that the man had ten camels with him, she told him she would give all of his camels water, too. And that's what she did! Rebekah scooped and poured water for all ten of the man's camels! Let's stand up and pretend we're scooping water out of a well and pouring it for camels to drink. Everyone, scoop and pour with me!" *(Make a scoop and pour motion.)*

**BASIC TRUTH**

God made me.

**AFTER THE ACTIVITY:** "Rebekah looked for ways to help, and God made us to look for ways we can help, too. **Who made you to help others? God made me to help others.**"